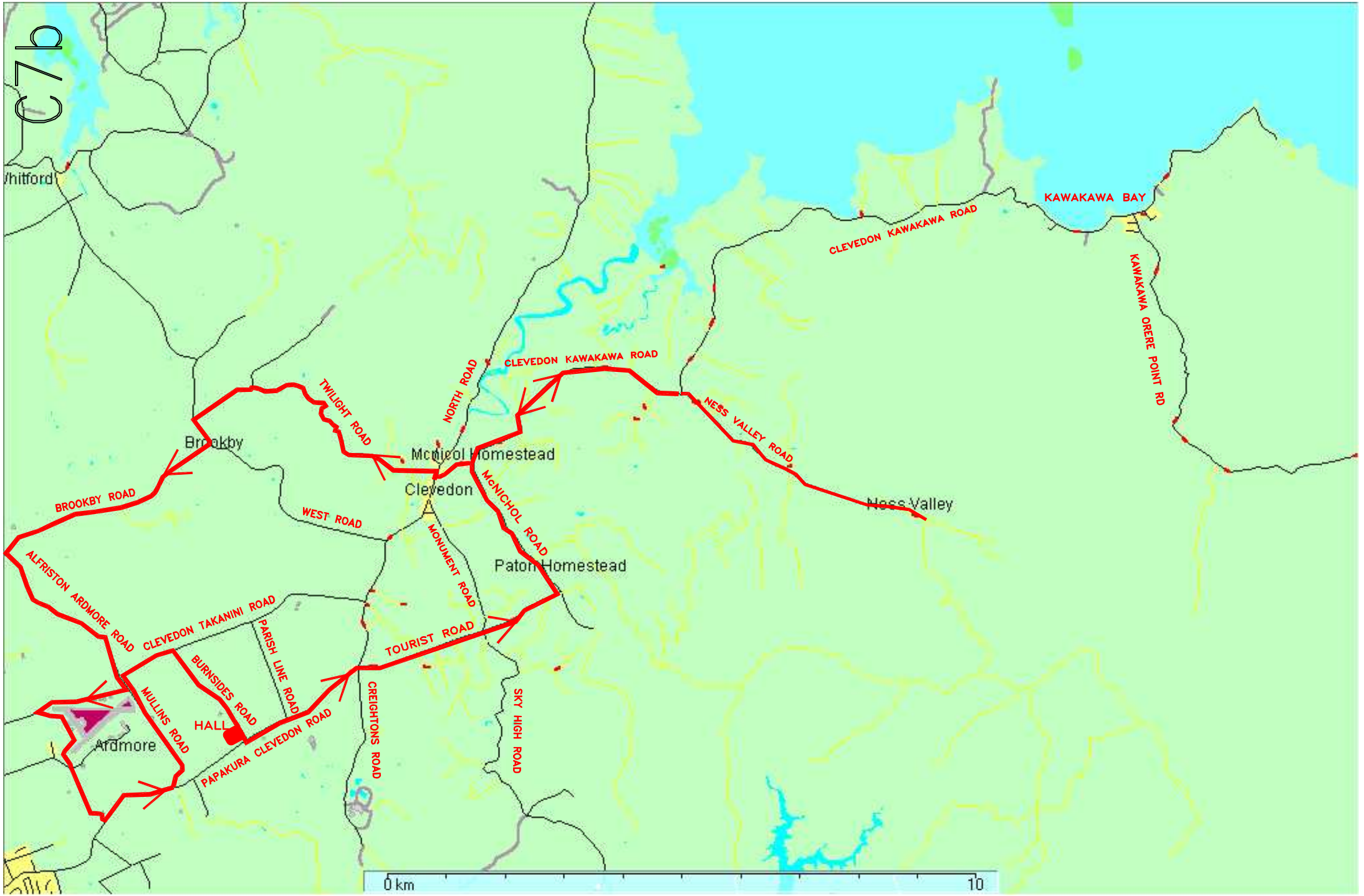M.C.V.C.C SHORT RIDE 55km COURSE C7b