



LONG RIDE 124km

Course: E3a



Round the Ranges: Burnside Rd - Clevedon Takanini Rd - Mullins Rd - Airfield Rd - Mill Rd - Cosgrave Rd - Clevedon Rd - Kelvin Rd - Settlement Rd - Dominion Rd - Hunua Gorge - Paparimu - Happy Valley - SH2 - Mangatawhiri - Mangatangi - Kaiaua - Orere - Kawakawa Bay - McNicol Rd - Tourist Rd - Papakura Clevedon Rd

| RIDE TIMES | |
|-------------------|--------|
| SLOW | 6:50am |
| SLOW | 7:00am |
| Med/Slow | 7:30am |
| Med/Med | 8:00am |
| Med/Fast | 8:20am |
| Fast | 8:30am |

Ride starts and finishes at the ARDMORE SCHOOL Hall:

Please note the earlier start times for this ride due to the longer distance